Sebetralstat for On-demand Treatment of Hereditary Angioedema Attacks: Results of the Double-blind, Placebo-controlled, Phase 3 KONFIDENT Trial

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Background

- People living with hereditary angioedema (HAE), a rare genetic disease most commonly caused by deficiency or dysfunction in the C1 inhibitor (C1INH) protein (HAE-C1INH), experience unpredictable, painful, and debilitating attacks of tissue swelling that can be life-threatening if the upper airways are affected 1-3
- Per global treatment guidelines, it is recommended that all patients with HAE-C1INH treat attacks as early as possible, consider on-demand treatment for all attacks, and always carry enough on-demand medication to treat 2 attacks^{1,2}
- All currently approved therapies for on-demand treatment of HAE-C1INH attacks must be administered parenterally and are associated with delay in and/or withholding of treatment due to associated complexity⁴⁻⁶
- Sebetralstat, a plasma kallikrein inhibitor, is the first orally administered therapy being investigated in a phase 3 trial for the on-demand treatment of HAE-C1INH attacks

Objective

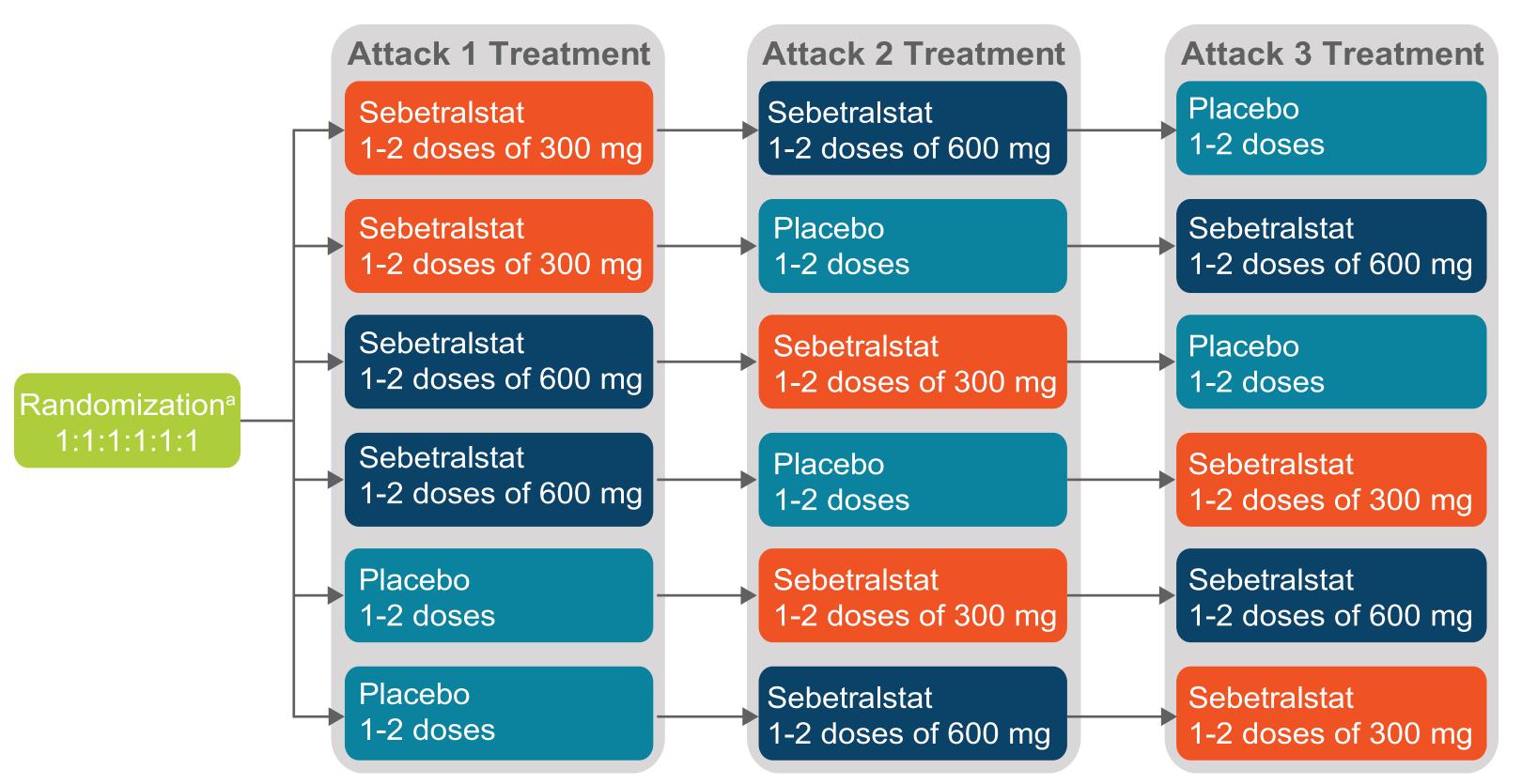
To determine the efficacy and safety of sebetralstat 300 mg or 600 mg compared with placebo as on-demand treatment in adults and adolescents with HAE-C1INH

Methods

Study design

- The study design for KONFIDENT (NCT05259917), an international, phase 3, randomized, double-blind, placebo-controlled, 3-way crossover trial, was published previously⁷
- Adults and adolescents with a confirmed diagnosis of HAE-C1INH (type 1 or 2) and ≥2 documented HAE-C1INH attacks within 3 months were randomly assigned to 1 of 6 treatment sequences in which 3 eligible attacks were treated with sebetralstat 300 mg, 600 mg, or placebo (Figure 1)
- Patients must have had access to and the ability to use conventional on-demand treatment (plasma-derived or recombinant C1INH, icatibant, ecallantide)
- Patients receiving long-term prophylaxis (LTP) must have been on a stable dose and regimen for ≥3 months immediately before and during the trial
- Patients self-administered a single dose of sebetralstat 300 mg, 600 mg, or placebo as early as possible after recognizing the start of an attack A second dose of study drug was permitted ≥3 hours after the first dose, as determined by the patient
- Attacks in any location in the body and of any severity were eligible for treatment, except for severe laryngeal attacks, which were treated using conventional therapy

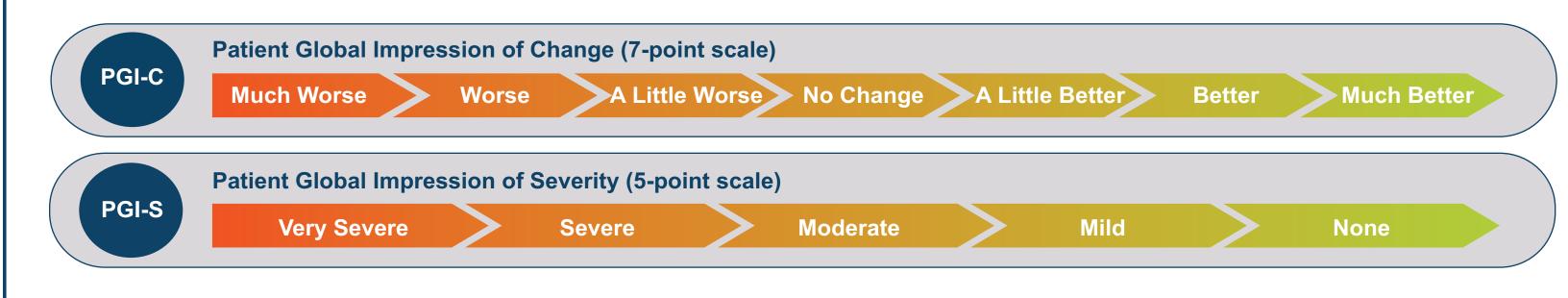
Figure 1. Study Design



- ^aStratified by treatment at enrollment (conventional on-demand treatment only versus stable LTP)
- The primary endpoint was time to beginning of symptom relief, defined as a rating of at least "A Little Better" on the Patient Global Impression of Change (PGI-C) scale for ≥2 time points in a row within 12 hours after the first dose of study drug (Figure 2)
- Key secondary endpoints were tested hierarchically in the following order:
- Time to reduction in attack severity; reduction in attack severity was defined as a decrease in Patient Global Impression of Severity (PGI-S) score for ≥2 time points in a row within 12 hours after the first dose of study drug
- Time to complete attack resolution; complete attack resolution was defined as a PGI-S rating of "None" within 24 hours after the first dose of study drug
- These endpoints were adjusted for multiplicity to assess for statistical significance (type I error rate of 0.05) for both sebetralstat doses compared with placebo

Figure 2. Rating Scales

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Participants and attacks

- 136 participants recruited from 66 study sites across 20 countries were randomly assigned to a treatment sequence (Figure 3)
- Participant demographics (Table 1) were similar among the 6 treatment sequences
- The Full Analysis Set included 110 participants and 264 attacks (**Table 1** and **2**)

Figure 3. Attack disposition

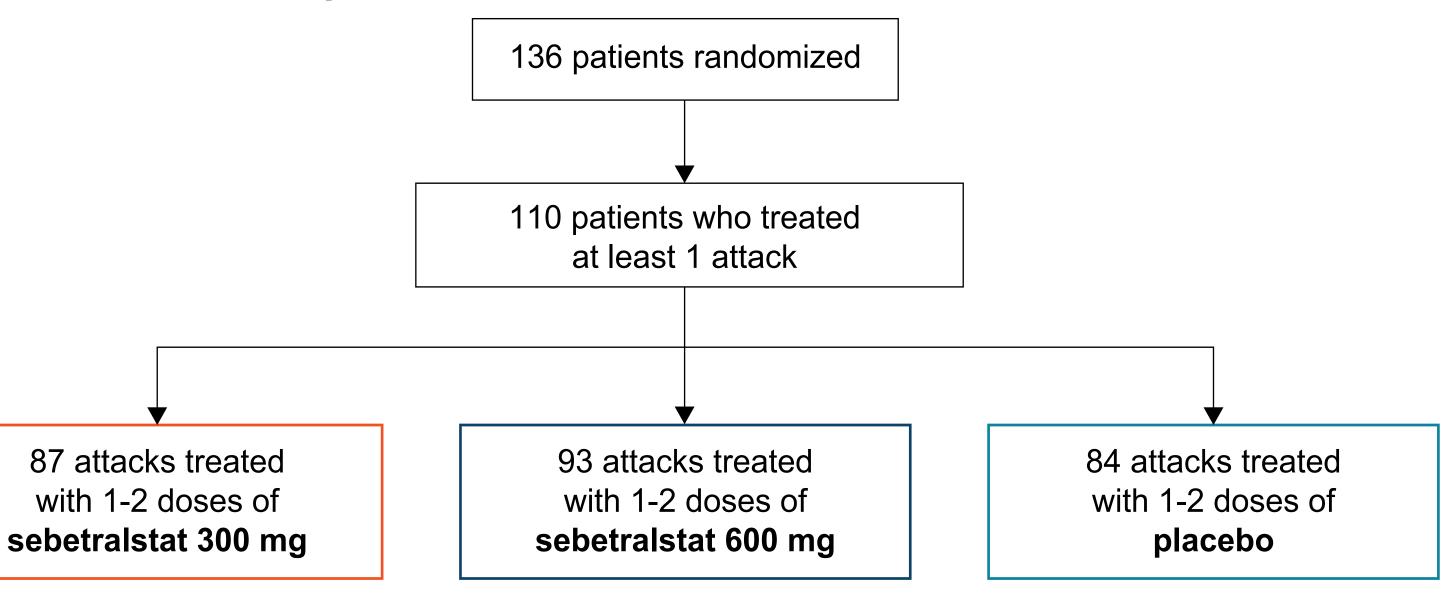


Table 1. Patient Demographics

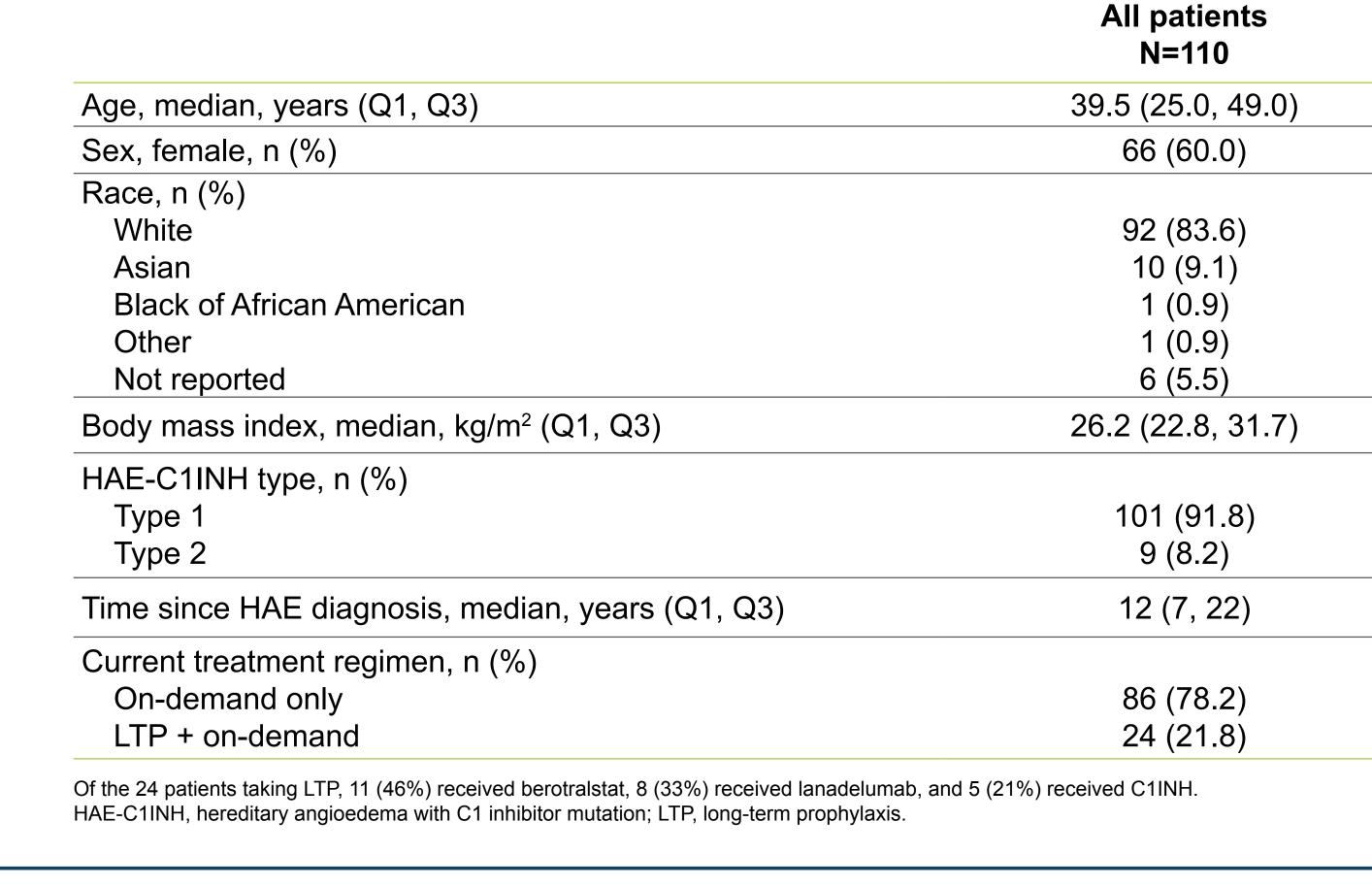
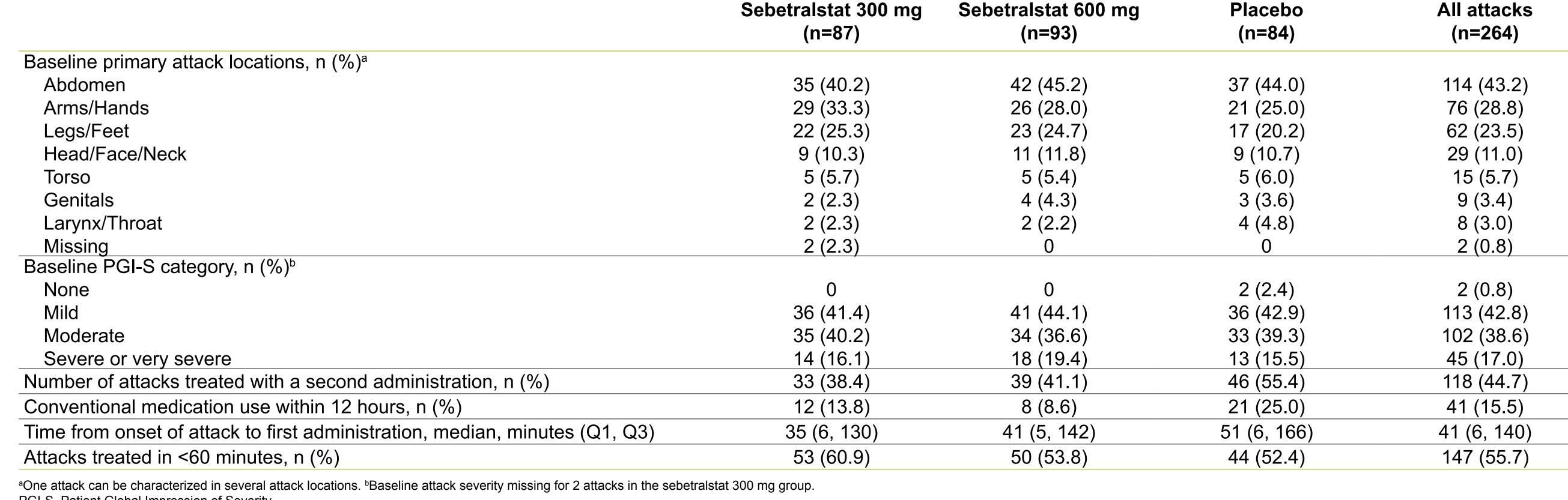


Table 2. Characteristics of Treated Attacks



PGI-S, Patient Global Impression of Severity.

Results

Table 3. Efficacy by Dosing Group

Efficacy

	Sebetralstat 300 mg (n=87)	Sebetralstat 600 mg (n=93)	Placebo (n=84)
Time to beginning of symptom relief (Primary)			
<i>P</i> -value versus placebo	<0.0001	0.0013	
Median time, hours (Q1, Q3)	1.61 (0.78, 7.04)	1.79 (1.02, 3.79)	6.72 (1.34, >12)
Time to reduction in attack severity (Key Secondary)			
P-value versus placebo	0.0036	0.0032	
Median time, hours (Q1, Q3)	9.27 (1.53, >12)	7.75 (2.19, >12)	>12 (6.23, >12)
Time to complete attack resolution (Key Secondary)			
P-value versus placebo	0.0022	<0.0001	
Median time, hours (Q1, Q3)	>24 (8.58, >24)	24.00 (7.54, >24)	>24 (22.78, >24)

- The proportions of attacks reaching beginning of symptom relief without a second dose or before a
- second dose was administered were 93.9% and 95.8% with sebetralstat 300 mg and 600 mg, respectively
- The proportions of attacks reaching reduction in severity without a second dose or before a second dose was administered were 90.9% and 95.9% with sebetralstat 300 mg and 600 mg, respectively; these proportions were 91.9% and 84.8% for complete attack resolution

Safety

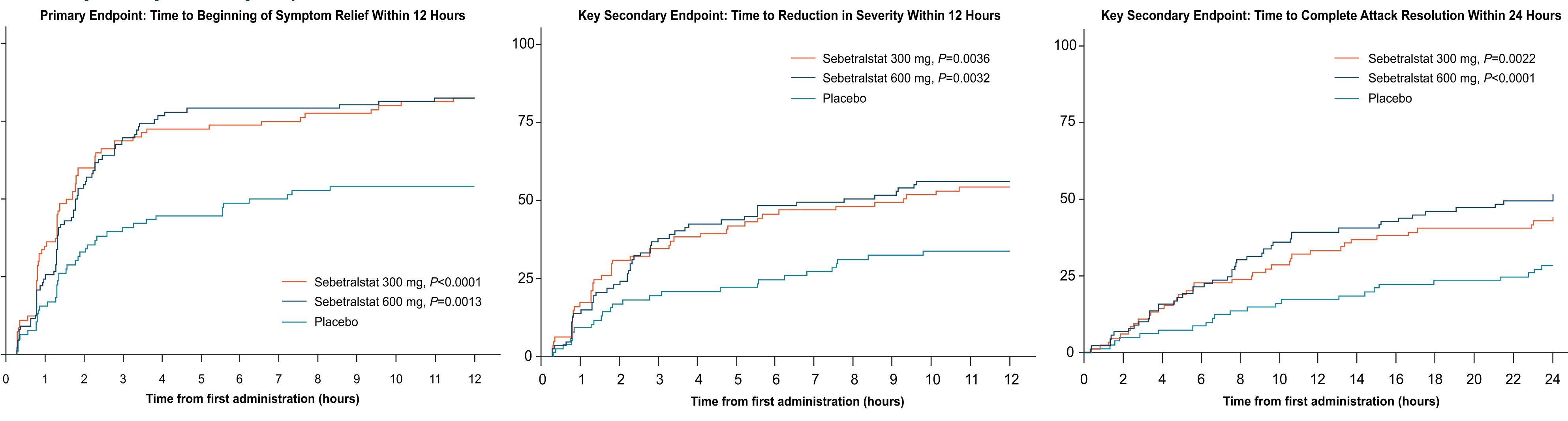
Doses of sebetralstat 300 mg and 600 mg were well-tolerated, with a safety profile comparable to that of placebo (Table 4)

Table 4. Safety

Number of patients, n (%)	Sebetralstat 300 mg (n=86)	Sebetralstat 600 mg (n=93)	Placebo (n=83)
Any TEAEs	17 (19.8)	14 (15.1)	17 (20.5)
Treatment-related	2 (2.3)	3 (3.2)	4 (4.8)
Serious TEAEs ^a	1 (1.2)	2 (2.2)	0
Treatment-related	0	0	0
Severe TEAEs ^b	1 (1.2)	0	0
Treatment-related	0	0	0
Any TEAEs leading to permanent discontinuation	0	0	0
Any TEAEs leading to death	0	0	0

^bSevere TEAE was defined as a qualitative assessment of an AE of Grade 3 severity by the investigator or as reported by the patient. TEAE, Treatment-emergent adverse event.

Figure 4. Primary and Key Secondary Endpoints



Strengths and Limitations

- Strengths: KONFIDENT is the largest placebo-controlled on-demand trial conducted to date and is the most representative of the HAE population, in that it included all attack locations and levels of severity and all currently-approved non-androgen LTP agents. In addition, patients in KONFIDENT were not restricted to one administration of sebetralstat.
- Limitations: KONFIDENT was limited to 3 attacks treated and a longer safety follow-up would be informative. Although the trial was limited in racial diversity, the population of randomized patients models the population currently being treated for HAE.

Conclusions

- The KONFIDENT trial met all primary and key secondary endpoints; beginning of symptom relief, reduction in attack severity, and complete attack resolution were significantly faster with sebetralstat 300 mg and 600 mg than with placebo
- The efficacy profile was comparable between the sebetralstat 300 mg and 600 mg treatment groups
- >90% of attacks that reached the primary endpoint did so without a second dose or before a second dose was administered
- Oral sebetralstat enabled patients to treat attacks rapidly, in line with current international treatment guidelines
- Up to 2 doses of sebetralstat 600 mg were well-tolerated in KONFIDENT and treatment-related adverse events were comparable with placebo
- Long-term safety and efficacy of sebetralstat is being studied in the KONFIDENT-S (NCT05505916) 2-year open-label extension trial
- In KONFIDENT, oral on-demand sebetralstat for HAE-C1INH attacks provided rapid symptom relief, reduced treatment burden, and facilitated early treatment

Contact information

Contact the author at mriedl@health.ucsd.edu for questions or comments.



Please visit the KalVista virtual medical booth to view this poster, as well as additional details on the methods, results, and references, after the presentation.

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