Real-world Impact of Treated Hereditary Angioedema Attacks on Patients' Work Productivity and Ability to do Daily Activities

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Background

- Hereditary angioedema (HAE) is a rare genetic disease associated with unpredictable, painful, and debilitating attacks of tissue swelling in various locations of the body that can be life-threatening depending on the location(s) affected
- Global HAE treatment guidelines recommend that people living with HAE should consider treating all attacks early upon recognition to reduce the severity and duration¹⁻³
- Although reductions in frequency of HAE attacks have been demonstrated with nonandrogen long-term prophylaxis (LTP), many patients continue to experience attacks requiring on-demand treatment²
- We examined the impact of the patients' last treated HAE attack on their ability to work and do daily activities, and whether this was diminished among those receiving LTP

^{1.} Betschel S, Badiou J, Binkley K, et al. The International/Canadian Hereditary Angioedema Guideline. Allergy, Asthma & Clinical Immunology. 2019/11/25 2019;15(1):72. doi:10.1186/s13223-019-0376-8

^{2.} Busse PJ, Christiansen SC, Riedl MA, et al. US HAEA Medical Advisory Board 2020 Guidelines for the Management of Hereditary Angioedema. J Allergy Clin Immunol Pract. 2021;9(1):132-150.e3. doi:10.1016/j.jaip.2020.08.046

^{3.} Maurer M, Magerl M, Betschel S, et al. The international WAO/EAACI guideline for the management of hereditary angioedema-The 2021 revision and update. Allergy. Jul 2022;77(7):1961-1990. doi:10.1111/all.15214

Methods

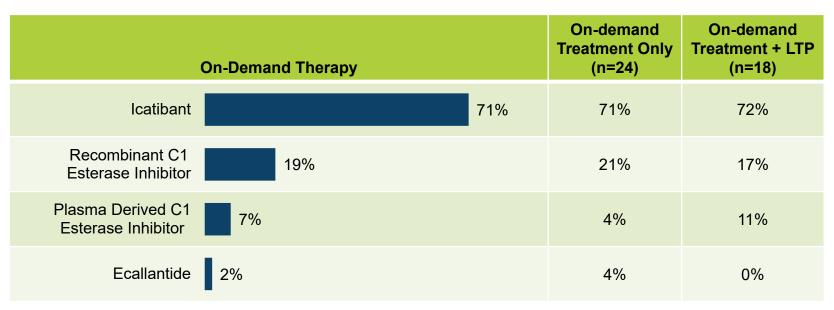
- The US Hereditary Angioedema Association recruited participants with Type 1 or 2 HAE between April and June 2023
- Participants had to be at least 12 years old and had treated at least 1 HAE attack within the prior 3 months with an approved on-demand therapy, for inclusion in the survey
 - Participants completed a 20-minute, self-reported, online survey that inquired about their last treated HAE attack
 - Target sample size: 80 adults; 20 adolescents
- The Work Productivity and Activity Impairment Questionnaire: General Health assessed the impact of the last treated attack on participants' ability to work and do daily activities during 7 days following attack onset

US Participant Demographics

	Total (n=94)	Employed (n=42)
Current mean age, (SD)	39.4 (17.4)	39 (12.5)
Mean age at diagnosis, years (SD)	18 (12.6)	20.2 (13)
HAE Type		
Type 1	81%	86%
Type 2	19%	14%
Gender		
Female	72%	73%
Race / Ethnicity		
White	87%	83%
Hispanic or Latino	9%	10%
Black / African American	3%	2%
American Indian/Alaskan Native	2%	5%
Asian	3%	2%
Other	1%	
Payer Coverage		
Private or commercial health insurance	69%	86%
Medicare	16%	5%
Medicaid	14%	2%
Other	8%	10%

 42 participants selfreported as employed at the time of their last treated attack

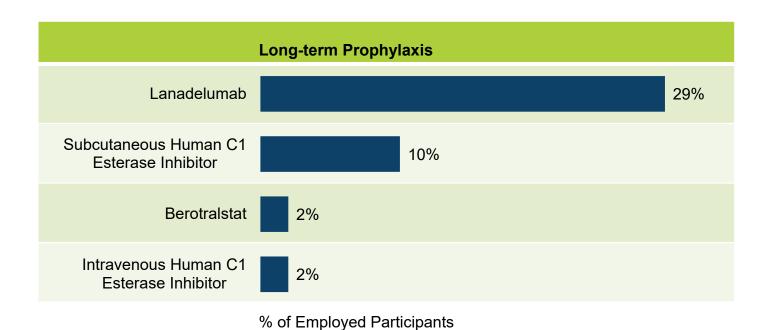
On-Demand Therapy Used for Last Treated Attack



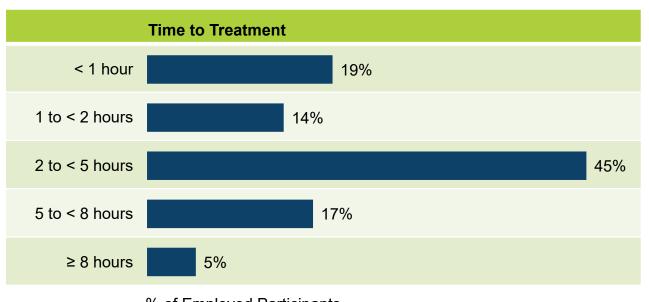
% of Employed Participants

- 24 (57%) managed HAE attacks with on-demand treatment only
- 18 (43%) were receiving long-term prophylaxis (LTP) + on-demand

Long-Term Prophylaxis at Time of Last Treated Attack



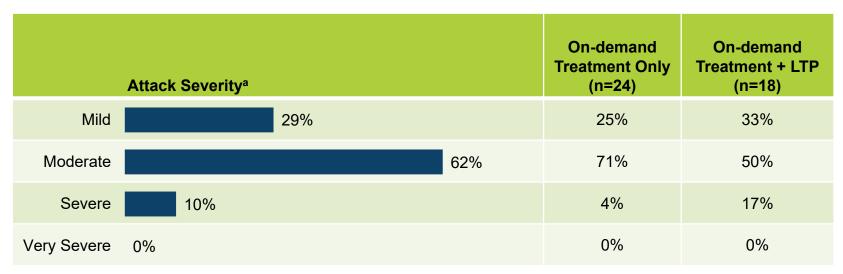
Time to Treatment



% of Employed Participants

19% of employed participants treated their HAE attack in <1 hour

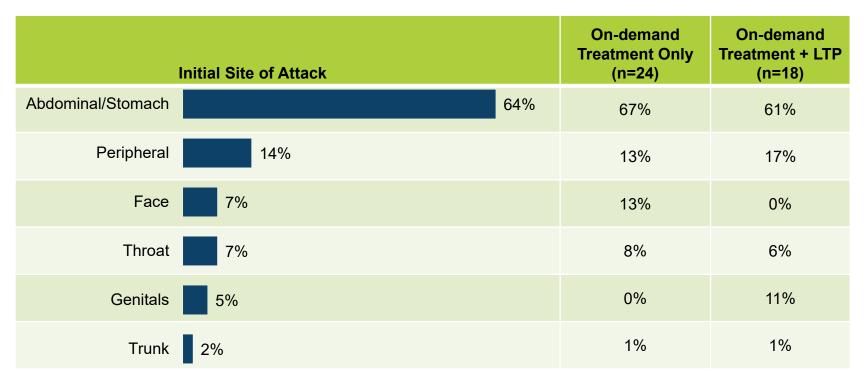
Patient-reported Attack Severity at the Time of Treatment



% of Employed Participants

 Thirty participants (72%) rated their attack severity as moderate to very severe (75% On-demand; 67% LTP)

Initial Anatomical Site of Last Treated Attack



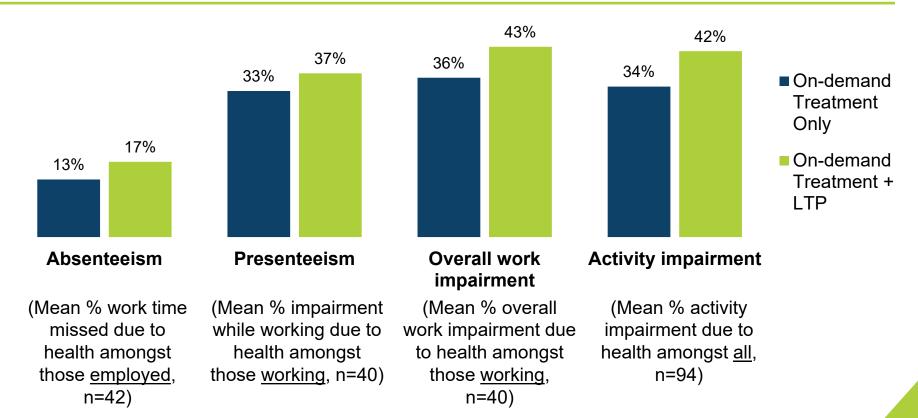
% of Employed Participants

Impact of Last Treated Attack on Ability to do Job

	Total (n=42)	On-demand Treatment Only (n=24)	On-demand Treatment + LTP (n=18)
Top 2	24%	25%	22%
Completely – I could not do my job at all	14% 10% 24%	17% 8% 21%	11% 11% 28%
4 3 2 1	33%	38%	28%
Not at all – I could do my job as usual	19%	17%	22%
Bottom 2	52%	54%	50%
Mean (SD)	2.7 (1.3)	2.7 (1.3)	2.6 (1.3)
Median (IQR)	2 (2,3)	2 (2,3.5)	2.5 (2,3)

 Twenty (48%) participants were moderately to completely unable to do their job due to their last attack (46% On-demand; 50% LTP)

WPAI Results: Impact of Last HAE Attack on Ability to Work



Conclusions

- Treatment was frequently delayed and often attacks were moderate or severe at the time of treatment
- Despite treatment, HAE attacks were associated with activity impairment and impact on work lives of employed participants resulting in substantial:
 - impairments in their ability to work
 - absenteeism
 - reduced productivity
 - presenteeism
- The impact was substantial for both patients taking on-demand treatment only and those taking on-demand plus LTP
- Compliance with HAE treatment guidelines may reduce the negative impact of attacks on the work lives of employed participants