

# Anxiety Associated with Parenteral On-Demand Treatment for Hereditary Angioedema Attacks

Andrea Zanichelli,<sup>1</sup> Pietro Accardo,<sup>2</sup> Francesco Arcoleo,<sup>2</sup> Donatella Bignardi,<sup>3</sup> Caterina Colangelo,<sup>4</sup> Francesco Giardino,<sup>5</sup> Antonio Gidaro,<sup>6</sup> Marica Giliberti,<sup>7</sup> Maria Domenica Guarino,<sup>8</sup> Paola Lucia Minciullo,<sup>9</sup> Stefania Nicola,<sup>10</sup> Francesca Perego,<sup>11</sup> Riccardo Senter,<sup>12</sup> Giuseppe Spadaro,<sup>13</sup> Paola Triggianese,<sup>14</sup> Massimo Triggiani,<sup>15</sup> Sherry Danese,<sup>16</sup> Julie Ulloa,<sup>16</sup> Vibha Desai,<sup>17</sup> Tomas Andriotti\*,<sup>17</sup> Paul Audhya,<sup>17</sup> and Mauro Cancian<sup>12</sup>

<sup>1</sup>Operative Unit of Medicine, Angioedema Center, IRCCS Policlinico San Donato, San Donato Milanese, Milan, Italy; Department of Biomedical Sciences for Health, University of Milan, Milan, Italy; <sup>2</sup>A.O. "Ospedali Riuniti Villa Sofia-Cervello" – Presidio Ospedaliero Cervello, Palermo, Italy; <sup>3</sup>IRCCS Ospedale Policlinico San Martino Genova, Genova, Italy; <sup>4</sup>Azienda Sanitaria Locale di Pescara, Pescara, Italy; <sup>5</sup>A.O.U. Policlinico "G.Rodolico-San Marco"; Catania, Italy; <sup>6</sup>Ospedale Luigi Sacco. Università degli Studi di Milano; Milano, Italy; <sup>7</sup>Azienda Ospedaliero-Universitaria "Policlinico" di Bari; Bari, Italy; <sup>8</sup>Presidio Ospedaliero di Civitanova Marche; Civitanova Marche, Italy; <sup>9</sup>OU Policlinico "G. Martino" di Messina; Messina, Italy; <sup>10</sup>Allergy and Immunology Unit - AO Ordine Mauriziano di Torino and Department of Medical Sciences - University of Turin, Italy; <sup>11</sup>IRCCS Istituti Clinici Scientifici Maugeri; Milano, Italy; <sup>12</sup>Azienda Ospedaliera, Università degli Studi di Padova, Padova, Italy; <sup>13</sup>Azienda Ospedaliera Universitaria Federico II di Napoli; Napoli, Italy; <sup>14</sup>Azienda Ospedaliera Universitaria, Roma, Italy; <sup>15</sup>Azienda Ospedaliera Universitaria; Salerno, Italy; <sup>16</sup>Outcomes Insights, Inc., Agoura Hills, California, United States; <sup>17</sup>KalVista Pharmaceuticals, Inc., Cambridge, Massachusetts, United States ; \* Employee of KalVista Pharmaceuticals at the time the study was conducted.

## Background

- WAO/EAACI 2021 updated guidelines recommend that all hereditary angioedema (HAE) patients consider treating all attacks regardless of severity or location as early as possible<sup>1</sup>
- All currently approved on-demand treatments for HAE attacks require parenteral administration which can be challenging to administer and result in increased anxiety and treatment burden<sup>2</sup>

## Objective

- To characterize anxiety specifically related to using parenteral on-demand treatment for HAE attacks in patients with HAE type 1 or 2

## Methods

- People with Type 1 or Type 2 HAE were recruited through the Italian Network for Hereditary and Acquired Angioedema (ITACA) registry between September 2023 and March 2024
- The survey was self-reported, and took respondents approximately 20 minutes to complete
- Study population (≥12 years of age) included respondents that had treated at least one HAE attack within the prior three months with an approved on-demand therapy
- Anxiety was rated on a scale of 0 (not at all anxious), 1-3 (mildly anxious), 4-6 (moderately anxious) and 7-10 (extremely anxious)<sup>3</sup>
- Results from an interim analysis are presented (N=56) for respondents recruited between September 2023 and January 2024

## References

- Maurer M., et al. The international WAO/EAACI guideline for the management of hereditary angioedema - The 2021 revision and update. *World Allergy Organ J.* 2022 Apr 7;15(3):100627
- Burnette A, et al. Anxiety Associated With Parenteral On-demand Treatment For Hereditary Angioedema (HAE). *J Allergy Clin Immunol.* 2023 Feb;151(2):AB141
- Williams VS et al. Psychometric evaluation of a visual analog scale for the assessment of anxiety. *Health Qual Life Outcomes.* 2010 Jun 8;8:57

## Results

Table 1. Patient Demographics and Clinical Characteristics					
Characteristic	Total (N=56)	On-Demand Only (n=25)	Long-Term Prophylaxis (n=31)	Adult (n=48)	Adolescent (n=8)
Current Age (Years; Mean)	41	41	40	45	15
Age of Diagnosis (Years; Mean)	17	21	14	19	8
Gender					
Male	41%	40%	42%	38%	63%
Female	59%	60%	58%	63%	38%
HAE Type					
Type I	91%	96%	87%	92%	88%
Type II	9%	4%	13%	8%	13%
Time Since Last Attack (Weeks; Mean)	2.9	2.9	3	2.9	3.1
<ul style="list-style-type: none"><li>There were 56 respondents, including 48 adults and 8 adolescents (&lt;18 years)</li><li>55% were receiving long-term prophylaxis at the time of their most recent treated HAE attack</li><li>Anxiety was the second most common comorbid condition, with 13% (7/56) of respondents diagnosed by a physician (females 9%; males 17%; adults 15%; adolescents 0%)</li></ul>					

Figure 1. On-Demand Therapy Used for Last Treated Attack

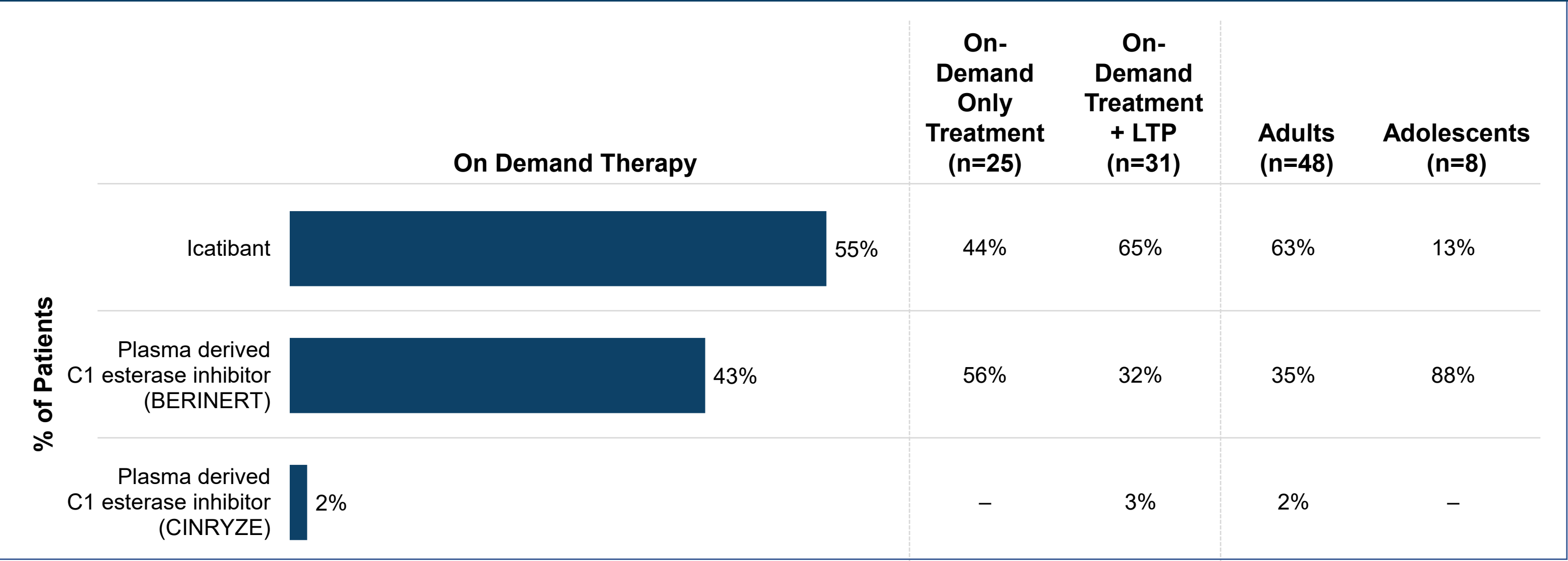
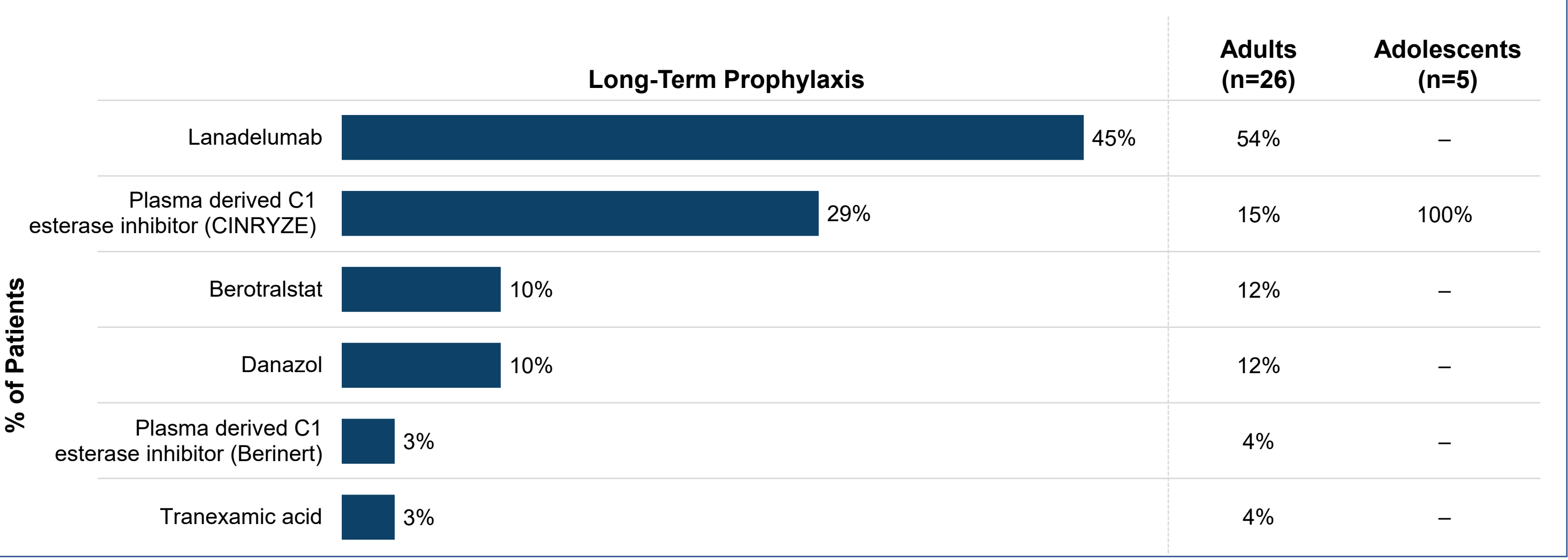


Figure 2. Long-Term Prophylaxis at the Time of Last Treated Attack (n=31)

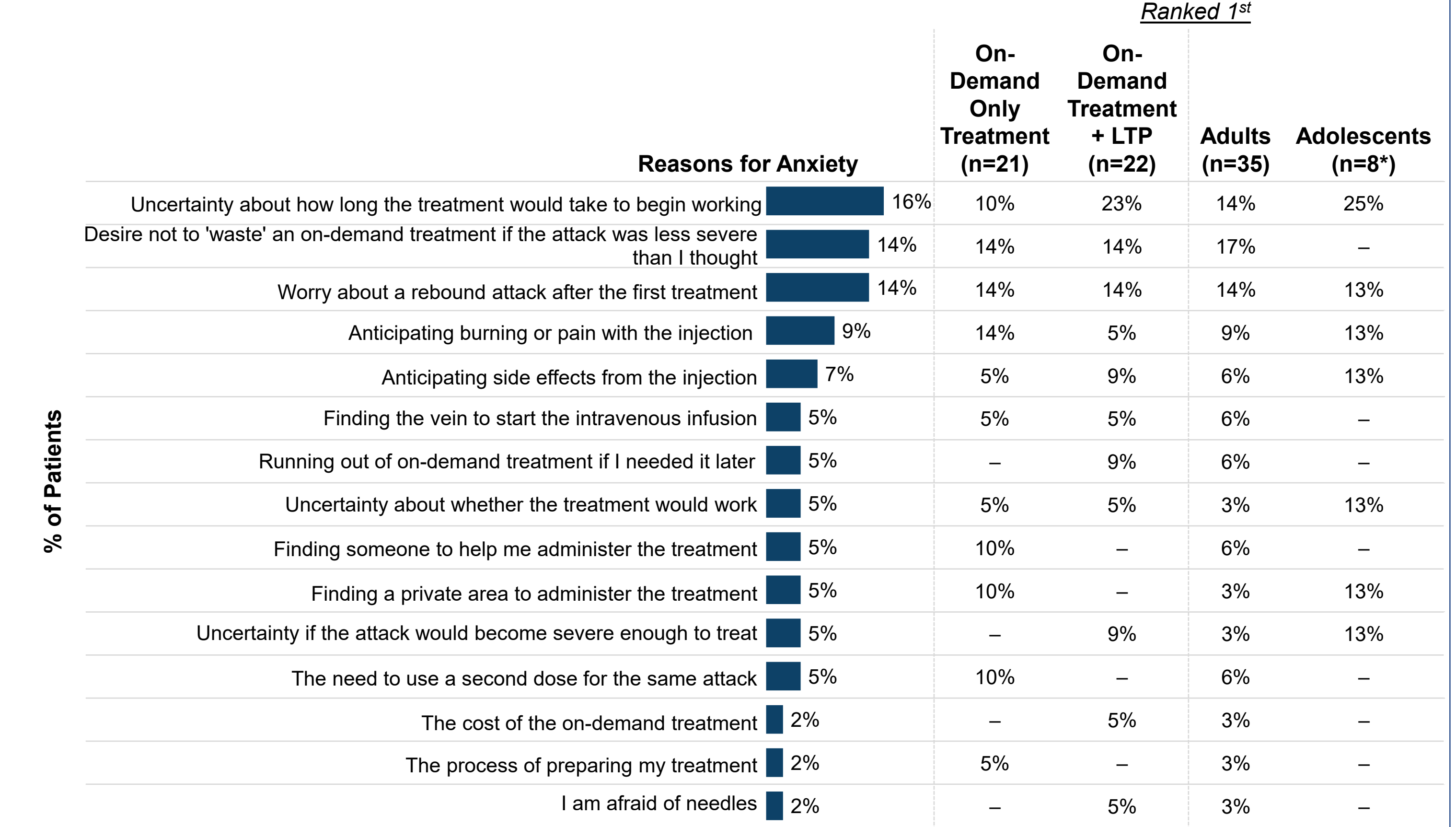


## Disclosures

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Table 2. Reported Level of Anxiety Associated with Treating Most Recent Attack						
Level of Anxiety (On Scale of 0-10)	Total (N=56)	Anxiety Diagnosis (n=7)	On-Demand Only (n=25)	LTP + On-Demand (n=31)	Adults (n=48)	Adolescents (n=8)
Extremely Anxious (7-10)	15 (27%)	3 (43%)	6 (24%)	9 (29%)	11 (23%)	4 (50%)
Moderately Anxious (4-6)	10 (18%)	3 (43%)	7 (28%)	3 (10%)	8 (17%)	2 (25%)
Mildly Anxious (1-3)	18 (32%)	0	8 (32%)	10 (32%)	16 (33%)	2 (25%)
Not Anxious (0)	13 (23%)	1 (14%)	4 (16%)	9 (29%)	13 (27%)	0
<ul style="list-style-type: none"><li>43 out of 56 respondents (77%) were mildly, moderately, or extremely anxious about using parental on-demand treatment</li><li>65% of those taking subcutaneous treatment and 83% taking intravenous treatment reported feeling anxious</li><li>Respondents previously diagnosed with an anxiety disorder and adolescents had the highest levels of anxiety</li></ul>						

Figure 3. Reported Reasons for Feeling Anxious about Treating Most Recent Attack with Parenteral On-Demand Treatment Among Those Patients who Felt Anxious (n=43)



## Conclusions

- A substantial proportion of survey respondents experienced moderate to extreme anxiety due to anticipated use of on-demand treatment, particularly adolescents and those previously diagnosed with anxiety
- Reasons for anxiety were most commonly related to uncertainty how long treatment would take, desire not to waste treatment, worry about a rebound attack, and burning, pain, and side effects from injection
- Education on rationale for compliance with guideline and effective alternatives to current injectable on-demand treatments are needed to address treatment-related anxiety associated with HAE attacks
- Results from the full cohort (N=101) will be presented at a future meeting

## Presented

Global Angioedema Forum (GAF) 2024, October 4 & 5, Copenhagen, Denmark.

To view this poster after the presentation, visit KalVista Virtual Medical Booth.

