Sebetralstat for Treatment of HAE Attacks in Patients Receiving Berotralstat, Lanadelumab, or C1 Inhibitor for Long-term Prophylaxis: Interim Analysis from KONFIDENT-S

William R. Lumry, Emel Aygören-Pürsün, Jonathan A. Bernstein, Paula J. Busse, Mauro Cancian, Marc A. Riedl, 6 Daniel F. Soteres,¹⁷ Raffi Tachdjian¹⁸ H. James Wedner¹⁹ James Hao²⁰ Michael D. Smith,²⁰ Paul K. Audhya,²⁰ Andrea Zanichelli,^{21,22}

¹AARA Research Center, Dallas, TX, USA; ²University Hospital Frankfurt, Goethe University of Amsterdam, Amsterdam, Netherlands; ³The Pennsylvania State University School of Medicine, State College, PA, USA; ®Vinmec International Hospital, New York, NY, USA; ®Amsterdam, Amsterdam, Amsterdam, Amsterdam, Amsterdam, Netherlands; ¬The Pennsylvania State University School of Medicine, State College, PA, USA; ®Vinmec International Hospital, New York, NY, USA; ¬The Pennsylvania State University School of Medicine, State College, PA, USA; ¬The Mount Sinai Hospital, New York, NY, USA; ¬The Pennsylvania State University Of Cincinnati, OH, USA; ¬The Mount Sinai Hospital, New York, NY, USA; ¬The Mount Sinai Hospital, NY, USA; ¬The Mount Sinai Hospital, NY, USA; ¬The Mount Sinai Hospital, NY, USA; ¬The Moun Times City, Hanoi, Vietnam and Vin-University, Hanoi, Vietnam and Vin-University, Hanoi, Vietnam, Angioedema Center of Reference and Excellence, Semmelweis University of Vienna, Austria; 12 Institute for Asthma and Immunology Associates, Ltd., Scottsdale, AZ, USA; 14 University, Hanoi, Vietnam, Austria; 19 Institute for Asthma and Allergy, Wheaton, MD, USA; 18 Allergy, Wheaton, MD, USA; 19 Institute for Asthma and Immunology Associates, Ltd., Scottsdale, AZ, USA; 19 Institute for Asthma and Immunology, Vienna, Austria; 19 Institute for Asthma and Immunology, ⁵Midwest Immunology Clinic, Plymouth, MN, USA; ¹⁶University of California, San Diego, La Jolla, CA, USA; ¹⁷Asthma & Allergy Associates, PC and Research Center, Colorado Springs, CO, USA; ¹⁸University of Milan, Italy; ²²University of Milan, Milan, Italy, ²²University of Milan, Italy, ²³University of Milan, Italy, ²⁴University of Milan, Italy, ²⁵University of Milan, Italy, ²⁶University of Milan, ²⁶University of Mi

Effectiveness

Background

- Long-term prophylaxis (LTP) should be individualized and considered in all patients with hereditary angioedema with C1-inhibitor deficiency (HAE-C1INH) based on the disease activity, patient's quality of life, availability of healthcare resources, and failure to achieve adequate control by appropriate on-demand therapy¹
- However, patients who receive LTP may still experience breakthrough attacks of all severity levels and in any anatomical location²
- Sebetralstat, an oral plasma kallikrein inhibitor, has been approved for the treatment of acute HAE attacks in patients ≥12 years old in the United States and United Kingdom^{3,4}

Objective

 To assess the safety and effectiveness of oral sebetralstat in patients receiving concurrent LTP with berotralstat, lanadelumab, or C1INH replacement in an ongoing open-label extension study (KONFIDENT-S)

Methods

Study Design

- KONFIDENT-S is a multicenter open-label extension (OLE) trial (NCT05505916; EudraCT: 2021-001176-42)
- Eligible participants were ≥12 years of age with HAE-C1INH and ≥2 documented attacks within 3 months (de novo) or who completed the phase 3 KONFIDENT (NCT05259917) trial (rollover; **Figure 1**)
 - Participants receiving LTP were required to be on a stable dose and regimen for ≥3 months immediately before the study
- Participants self-administered sebetralstat 600 mg (2 × 300 mg tablets) as early as possible after HAE attack onset; a second administration was allowed if warranted
- Endpoints were as follows:

Completed the phase 3 KONFIDENT trial

bAll other participants, including those who participated in the phase 2 trial.

°For de novo participants, the enrollment visit is a screening visit.

- Safety, assessed by adverse event monitoring
- Time to beginning of symptom relief (Patient Global Impression of Change [PGI-C] rating of at least "A Little Better" for ≥2 consecutive time points) within 12 hours
- Time to reduction in attack severity (≥1 level decrease on the Patient Global Impression of Severity [PGI-S] for ≥2 consecutive time points) within 12 hours
- Time to complete attack resolution (PGI-S rating of "None") within 24 hours

Figure 1. KONFIDENT-S OLE Trial Design



Participant and Attack Characteristics

- As of September 14, 2024 (data cutoff), 35 participants receiving LTP (berotralstat: 16; lanadelumab 13; C1INH: 6 [5 subcutaneous, 1 intravenous]) experienced HAE attacks (Table 1)
- Participants treated 382 attacks with sebetralstat (berotralstat: 178; lanadelumab 80; C1INH: 124; **Table 2**)

Table 1. Characteristics of Participants with ≥1 Sebetralstat-treated Attack

	Any LTP ^a n=35	Berotralstat n=16	Lanadelumab n=13	C1INH n=6
Age, median (IQR), years	44.0 (28.0 – 56.0)	38.5 (21.0 – 48.0)	44.0 (31.0 – 60.0)	48.5 (28.0 – 54.0)
Sex, female, n (%)	27 (77.1)	13 (81.3)	11 (84.6)	3 (50.0)
Race, n (%)				
Asian	8 (22.9)	4 (25.0)	3 (23.1)	1 (16.7)
White	25 (71.4)	10 (62.5)	10 (76.9)	5 (83.3)
Other	1 (2.9)	1 (6.3)	_ ′	_ ′
Not reported	1 (2.9)	1 (6.3)	_	_
Region, n (%)				
North America	19 (54.3)	7 (43.8)	7 (53.8)	5 (83.3)
Europe	9 (25.7)	5 (31.3)	3 (23.1)	1 (16.7)
Asia-Pacific	7 (20.0)	4 (25.0)	3 (23.1)	_
BMI, median (IQR), kg/m²	26.6 (22.1 – 33.1)	27.1 (21.6 – 33.8)	25.3 (24.2 – 27.3)	32.1 (30.6 – 37.7)
HAE-C1INH type, n (%)				
Type 1	31 (88.6)	15 (93.8)	13 (100)	3 (50.0)
Type 2	4 (11.4)	1 (6.3)	-	3 (50.0)

Four participants receiving LTP at baseline switched to a different LTP agent during the study: 1 participant switched from C1INH replacement to lanadelum and was included in the lanadelumab group, 1 participant switched from C1INH replacement to berotralstat and was included in the berotralstat group. participant switched from lanadelumab to C1INH replacement and was included in the lanadelumab group, and 1 participant switched from berotralstat to C1INH replacement and was included in the berotralstat group. BMI, body-mass index; HAE-C1INH, hereditary angioedema due to C1 inhibitor deficiency; IQR, interquartile range; LTP, long-term prophylaxis

Table 2. Sebetralstat-treated Attack Characteristics

	Any LTP	Berotralstat	Lanadelumab	C1INH
	n=382	n=178	n=80	n=124
Baseline PGI-S category, n (%) Milda Moderate Severe/very severe Missing	113 (29.6)	59 (33.1)	24 (30.0)	30 (24.2)
	141 (36.9)	64 (36.0)	48 (60.0)	29 (23.4)
	94 (24.6)	53 (29.8)	6 (7.5)	35 (28.2)
	34 (8.9)	2 (1.1)	2 (2.5)	30 (24.2)
Primary pooled attack location, n (%) Mucosal ^b Involving the larynx Subcutaneous only ^b Missing	189 (49.5)	107 (60.1)	55 (68.8)	27 (21.8)
	17 (4.5)	8 (4.5)	7 (8.8)	2 (1.6)
	159 (41.6)	69 (38.8)	23 (28.8)	67 (54.0)
	34 (8.9)	2 (1.1)	2 (2.5)	30 (24.2)
Time from attack onset to treatment, median (IQR), minutes	6 (1 – 40)	20 (1 – 67)	11 (1 – 50)	1 (0 – 7)
Monthly attack frequency,° mean (SD)	1.7 (1.5)	1.8 (1.4)	1.2 (1.1)	2.5 (2.2)

alnoludes 1 attack with a baseline severity of "None" reported by a participant who was receiving LTP with berotralstat. "Mucosal: attacks with primary location of "Abdomen" and/or "Larynx/Throat"; subcutaneous: other attacks not involving the mucosal locations.

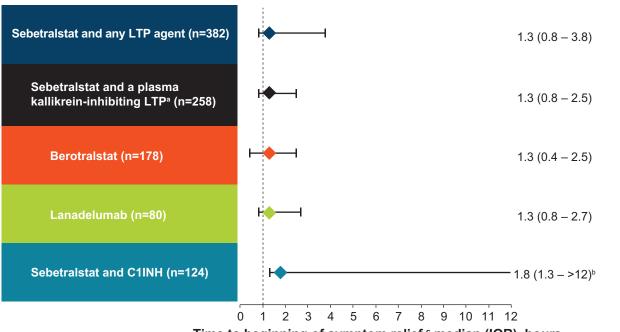
Includes all attacks, including those not treated with sebetralstat

C1INH, C1 inhibitor; IQR, interquartile range; LTP, long-term prophylaxis; n, number of attacks; PGI-S, Patient Global Impression of Severity

Results

• The median (IQR) time to beginning of symptom relief with sebetralstat was 1.3 hours (0.8 – 3.8) for participants receiving any LTP agent (berotralstat: 1.3 hours [0.4 – 2.5]; lanadelumab: 1.3 hours [1.8 - >12]; C1INH: 1.8 hours [1.3 - >12)] (**Figure 2**)

Figure 2. Time to Beginning of Symptom Relief for Breakthrough Attacks Treated with Sebetralstat



Time to beginning of symptom relief,° median (IQR), hours

^bSize of error bars may be due to the number of patients receiving C1INH as LTP (n=6).

Defined as a PGI-C rating of at least "A Little Better" for ≥2 consecutive time points, with missing data entries between consecutive time points within 12 hours of the Diamonds are the medians met within time window.

Error bars are Q1 and Q3. C1INH, C1 inhibitor; IQR, interquartile range; LTP, long-term prophylaxis, n, number of attacks; PGI-C, Patient Global Impression of Change.

Table 3. Other Effectiveness Endpoints for Breakthrough Attacks Treated with Sebetralstat

	Time to reduction in attack severity, ^b median (IQR), hours	Time to complete resolution, ^c median (IQR), hours	Attacks treated with conventional treatment, n (%)d
Any LTP agent (n=382)	4.2	14.8	20
	(1.3 – >12)	(4.6 – >24)	(5.2)
Plasma kallikrein-inhibiting LTP ^a (n=258)	3.3	12.1	13
	(1.1 – >12)	(3.4 – >24)	(5.0)
Berotralstat (n=178)	2.7	10.9	8
	(0.9 – >12)	(3.0 – >24)	(4.5)
Lanadelumab (n=80)	4.4	15.1	5
	(1.4 – >12)	(3.7 – >24)	(6.3)
C1INH (n=124)	>12	16.6	7
	(1.8 – >12)	(9.0 – 23.5)	(5.6)

C1INH, C1 inhibitor; IQR, interquartile range; LTP, long-term prophylaxis; n, number of attacks; PGI-S, Patient Global Impression of Severity.

Defined as a time to first incidence of decrease from baseline in PGI-S score for ≥2 consecutive time points within 12 hours of the first dose of sebetralstat. Defined as a PGI-S rating of "None" (ie, no symptoms) within 24 hours of the first dose of sebetralstat. Received conventional medicine within 12 hours of the first dose of sebetralstat.

- Overall, treatment-related adverse events occurred in 5 (14.3%) participants receiving sebetralstat and any LTP (**Table 4**)
- No serious treatment-related adverse events occurred

Table 4. Safety

Participants experiencing TEAE, n (%)	Any LTP	Berotralstat	Lanadelumab	C1INH
	n=35	n=16	n=13	n=6
Any TEAE Treatment related	23 (65.7)	12 (75.0)	6 (46.2)	5 (83.3)
	5 (14.3) ^a	3 (18.8) ^a	0	2 (33.3) ^a
Serious TEAE Treatment related	5 (14.3)	3 (18.8)	1 (7.7)	1 (16.7)
	0	0	0	0
Severe TEAE Treatment related	7 (20.0)	3 (18.8)	2 (15.4)	2 (33.3)
	0	0	0	0
Any TEAE leading to discontinuation Treatment related	2 (5.7)	1 (6.3)	1 (7.7)	0
	1 (2.9) ^b	1 (6.3) ^b	0	0
Any TEAE leading to death	0	0	0	0

C1INH, C1 inhibitor; IQR, interquartile range; LTP, long-term prophylaxis; n, number of participants; TEAE, treatment-emergent adverse event "TEAEs in 5 participants receiving LTP were considered treatment-related: headache (berotralstat, n=1; C1INH, n=2), myalgia (berotralstat, n=1), arthralgia (berotralstat, n=1), nausea (berotralstat, n=1), and vomiting (berotralstat, n=1).

I participant receiving berotralstat discontinued sebetralstat due to treatment-related TEAEs of grade 2 nausea and grade 2 vomiting, which occurred during ar attack involving the abdomen and larynx/throat

Conclusions

- Participants receiving LTP continued to experience attacks in all anatomical locations, including laryngeal attacks
- The overall attack rate for participants receiving LTP was 1.7 attacks/month
- Sebetralstat resulted in rapid symptom relief, reduction in attack severity, and complete attack resolution in patients receiving LTP, regardless of the individual LTP or its mechanism of action
- Conventional treatment was used in 5.2% of attacks
- Sebetralstat was well-tolerated in participants receiving LTP and no new safety signals were observed

References

- 1. Maurer M, et al. Allergy. 2022;77(7):1961-1990.
- Longhurst HJ, et al. Clin Rev Allergy Immunol. 2024;67(1-3):83-95.
- 3. EKTERLY (sebetralstat). Prescribing information. KalVista Pharmaceuticals, Inc; 2025.
- 4. EKTERLY (sebetralstat). Summary of product characteristics. KalVista Pharmaceuticals, Inc; 2025.

Acknowledgements

The authors thank the people living with HAE and their families; the HAEA, HAEi, and member organizations; and the investigator teams who contributed to the international KONFIDENT-S study.

Medical writing assistance was provided under the direction of the authors by Richard W. Davis IV, PhD of ApotheCom, San Francisco, CA, USA, and was funded by KalVista Pharmaceuticals.

This study was funded by KalVista Pharmaceuticals.



Please visit the KalVista virtual medical booth after this presentation to view this poster.